



The Pomfret School

CHALLENGING THE MIND ★ ENCOURAGING THE HEART

Code: F 28

Federal Child Nutrition Act Wellness Policy

It is the policy of the Pomfret School District to establish goals for nutrition education, physical activity and other school based activities that are designed to promote student wellness with the objective of promoting student health and reducing childhood obesity.

I. Goals for Nutrition Education.

- A. The school district shall provide nutrition education programs as required by state law and regulations of the State Board of Education.
- B. To the extent practicable, nutrition education shall be integrated into core curricula.

II. Goals for Physical Activity.

- A. The district shall provide physical education classes for all students as required by Vermont School Quality Standards.
- B. The district shall provide other physical activity opportunities for students through recess periods in appropriate grades.

III. Policy Implementation.

- A. The superintendent or his or her designee shall monitor district programs and curriculum to ensure compliance with this policy and any administrative procedures established to carry out the requirements of this policy.
- B. The superintendent or his or her designee shall report at least annually to the board on the district's compliance with law and policies related to student wellness.

Date Warned: 3/13/06

Date Adopted: 4/10/06

Legal Reference(s).

- 16 V.S.A. §§131 & 906(b)(3).
- Richard B. Russell National School Lunch Act, 42 U.S.C. 1751 et seq.
- Child Nutrition Act of 1966, 42 U.S.C. 1771 et seq.
- Child Nutrition and WIC Reauthorization Act of 2004, Section 204 of Public Law 108-265.
- Code of Federal Regulations, 7 CFR Part 210 and Part 220.