

April 2024

Choices of fruit, skim or 1% milk included with every meal

Students may order a PB & Blake Hill Preserves Jam Sandwich as an alternative to main meal option.



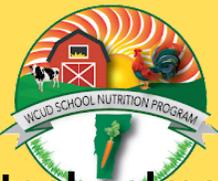
STUDENT SCHOOL MEALS ARE FREE!

Even though meals are FREE, please still submit a 2023-2024 VT School Meal Application. Qualifying for free & reduced meals helps our school fund other programs and will help you receive other benefits.

Adult Meal Prices
Breakfast-\$4.00
Lunch-\$6.00



This institution is an equal opportunity provider.



@vtschoolmeals



Woodstock Elementary Killington Elementary
Reading Elementary Barnard Academy
The Prosper Valley School



Monday	Tuesday	Wednesday	Thursday	Friday
1 Orange Chicken Over Rice Spring Roll Fortune Cookie	2 Vegetarian Chili Homemade Cornbread Toppings	3 Chicken & Alfredo Noodles Steamed Broccoli Whole Grain Dinner Roll Late Start Wednesday	4 Vermont Shepherd's Pie with Cloudland Farm Ground Beef (VT) Whole Grain Muffin	5 Protein Pack Cheese (VT) & Pepperoni Whole Grain Pretzel Apple & Peanut Butter Vegetable Side
8 No School April Break Full Solar Eclipse	9 No School April Break	10 No School April Break *VeggieVanGo* Free Produce Distribution @ 10am-WUHSMS	11 No School April Break	12 No School April Break
15 Chicken Patty Sandwich Sweet Potato Fries	16 Melted Cheese & Ham Croissant Cucumber Slices Homemade Soup	17 Mac & Cheese (VT) Whole Grain Dinner Roll Butternut Squash	18 Baked Potato Cloudland Farm (VT) Ground Beef Steamed Broccoli Cheddar Cheese (VT) Sour Cream, Salsa WG Banana Cake	19 Cheese Pizza (VT) Side Salad
22 Picnic Lunch Uncured Hot Dog Baked Beans Chips  Happy Earth Day!	23 Chicken & Waffles Maple Syrup (VT) Hashbrowns	24 Cheesy Breadsticks Marinara Dipping Sauce Caesar Salad	25 Chicken Vegetable Lo Mein Spring Rolls Fortune Cookie	26 Protein Pack Cheese (VT) & Pepperoni Whole Grain Pretzel Apple & Peanut Butter Vegetable Side
29 Fish Sticks & Chips (Oven Fries) Fruit Salad	30 Cheese Tortellini with Marinara Sauce Whole Grain Texas Toast Vegetable Side	 THIS MONTH'S HARVEST WHOLE GRAINS TRY A BITE <small>with</small> VT HARVEST OF THE MONTH <small>monthharvestofthemoth.org</small>		

BREAKFAST

Grab & Go Breakfast is offered each morning. Options vary throughout the week include cereals, WG Homemade Muffins, Yogurt, Cabot Cheese, String Cheese, WG Bars, Bagels, Fruit Options & Milk. Specials may include Breakfast Sandwiches or Smoothies. No preorder needed to take a breakfast.

Menu subject to change based on school location & available supply.